Patient Initials _____ Date of Visit _____

Connecticut Syndemic Screening Tool [version 1.0]

General	**1a. Have you had anal, vaginal, or oral sex in the last 12 months?**	☐ Yes	☐ No	
	1b. **If yes**, did you use condoms?	☐ Yes	☐ No	☐ Sometimes
	1c. **If yes**, are you taking PrEP?	☐ Yes	☐ No	☐ Don't Know
	1d. Would you like information about PrEP?	☐ Yes	☐ No	
	1e. Do you currently drink alcohol?	☐ Yes	☐ No	☐ Don't Know
	1f. Are you currently using any drugs that are not prescribed?	☐ Yes	☐ No	☐ Don't Know
	1g. **If yes**, do you inject any drugs?	☐ Yes	☐ No	☐ Don't Know
	1h. **If yes**, do you share any needles or works?	☐ Yes	☐ No	☐ Don't Know
HIV	**2a. Have you been tested for HIV in the past 12 months?**	☐ Yes	☐ No	☐ Don't Know
	2b. **If yes**, what were the results	☐ HIV+	☐ HIV-	☐ Don't Know
	2c. We recommend all patients be tested for HIV; would you like to be tested today?	☐ Yes	☐ No	☐ Don't Know
Sexually Transmitted Diseases (STDs)	**3a. Have you had a STD in the last 12 months?**	☐ Yes	☐ No	☐ Don't Know
	3b. **If yes**, did you receive treatment?	☐ Yes	☐ No	☐ Don't Know
	3c. We recommend all patients be tested for STDs; would you like to be tested today?	☐ Yes	☐ No	☐ Don't Know
Hepatitis C (Hep C)	**4a. Have you been tested for Hepatitis C in the past 12 months?**	☐ Yes	☐ No	☐ Don't Know
	4b. **If yes**, what was the result?	☐ Positive	☐ Negative	☐ Don't Know
	4c. **If positive**, have you been treated?	☐ Yes	☐ No	☐ Don't Know
	4d. We recommend all patients be tested for Hep C; would you like to be tested for Hep C today?	☐ Yes	☐ No	☐ Don't Know
Substance Use	**5a. Do you think alcohol is having a negative impact on your ability to function or on your quality of life?**	☐ Yes	☐ No	☐ Don't Know
	5b. Do you think drug use is having a negative impact on your ability to function or on your quality of life?	☐ Yes	☐ No	☐ Don't Know
	5c. **If yes**, would you like to talk to someone about the impact of substance use?	☐ Yes	☐ No	☐ Don't Know
Mental Health	**6a. Are you currently experiencing any anxiety, depression, or other mental health concerns?**	☐ Yes	☐ No	☐ Don't Know
	6b. **If yes**, would you like to talk to someone about it?	☐ Yes	☐ No	☐ Don't Know

CONNECTICUT Public Health

This screening tool was developed by the Connecticut Department of Public Health in partnership with healthcare providers and clinicians, community planning groups, and individuals with lived experience who are working together to reduce preventable diseases and to eliminate health disparities. For more information visit: www.endthesyndemicct.org

CONNECTICUT

Public Health

Connecticut Syndemic Screening Tool: Patient Guide

How Will My Answers Help Me to Stay Healthy?

This screening tool will help you share information with your healthcare providers about lifestyle behaviors that can lead to preventable and treatable diseases such as

- Human Immunodeficiency Virus (HIV)
- Hepatatis C (HCV)
- Sexually Transmitted Diseases (STDs)
- Substance Use Disorder (SUD)
- Mental Health concerns

Currently, in Connecticut, these diseases are on the rise. Completing regular healthcare screening and testing can help keep you healthy and safe.

Will My Answers Be Kept Private and Confidential?

Absolutely, yes. This information will become part of your confidential patient record.

How Will My Provider Use This Information?

You and your provider should discuss your answers to questions where you responded "yes" or "don't know." You can also ask any other questions about that you may have about these health or mental health conditions.

You and your provider may discuss and agree to doing some additional testing. Your provider will help you understand the process.

Accessing Additional Resources

If you need assistance in identifying resources, please visit https://endthesyndemicct.org/test-ct/ and click the "*I'm a Patient*".

CONNECTICUT

Public Health

Connecticut Syndemic Screening Tool: Provider Guide

Purpose

This tool is intended to support routine[1] discussions between all[2] patients and their healthcare providers about behaviors that can contribute to several intersecting diseases:

- Human Immunodeficiency Virus (HIV)
- Hepatatis C (HCV)
- Sexually Transmitted Diseases (STDs)
- Substance Use Disorder (SUD)
- Mental Health concerns

These diseases are preventable and treatable, and in some cases such as HCV, a cure exists. Ideally, routine syndemic screening and testing will lead to a reduction in the incidence and prevalence of disease conditions.

Using the Screening Tool

Medical, healthcare, and behavioral healthcare providers can incorporate these screening questions into their practice in several ways:

- Ask patients to complete a "paper-based" form in the waiting area or in the exam room (with or without the support of provider staff)
- Add the screening tool questions into your patient portal and request patients to fill out this information pre-visit
- Integrate the screening tool questions into the electronic medical records system and program alerts to call out routine screening and testing that has not occurred recently.

Accessing Additional Resources

This syndemic screening tool is meant to identify health concerns that may warrant a diagnostic test or a referral to another provider who can conduct a deeper level assessment. If you need assistance in identifying resources for patients who may need a deeper level assessment or treatment resources, please visit https://endthesyndemicct.org/test-ct/ and click the "*I'm a Provider*" button and encourage your patients to visit the website and click the "*I'm a Patient*" button.

About the Development of the Tool

This screening tool was developed by the Connecticut Department of Public Health (CT DPH) in partnership with healthcare providers and clinicians, community planning groups, and individuals with lived experience who are working together to reduce preventable diseases and to eliminate health disparities.

[1] Routine refers to at least annual screening.
[2] All refers to asking every patient these questions irrespective of factors such as age, race/ethnicity, sexual or gender identity, or other factors.